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The Elder Futhark can be used as a language and as a divination system. Some witches choose to pick a magickal alphabet to write their Book of Shadows in, I prefer the Elder Futhark. Each symbol corresponds to a letter and a one word meaning. The one word meaning can then be expanded upon to come up with interpretations during a reading. Below you can find a cheat sheet of sorts, showing the corresponding letter and one word meaning.

Rune	Letter	Meaning
<b>Freya's Aettir</b>		
 Fehu	<b>F</b>	<b>Cattle</b>
 Uruz	<b>U</b>	<b>Strength</b>
 Thurisaz	<b>TH</b>	<b>Thorns</b>
 Ansuz	<b>A</b>	<b>Messages</b>
 Raido	<b>R</b>	<b>Journey</b>

 <b>Kenaz</b>	<b>C</b> hard C or a K	<b>Torch</b>
 <b>Gebo</b>	<b>G</b>	<b>Gift</b>
 <b>Wunjo</b>	<b>W</b>	<b>Joy</b>
<b>Hagal's Aettir</b>		
 <b>Hagalaz</b>	<b>H</b>	<b>Hail</b>
 <b>Nauthiz</b>	<b>N</b>	<b>Need</b>
 <b>Isa</b>	<b>I</b>	<b>Ice</b>
 <b>Jera (Yera)</b>	<b>J</b>	<b>Year/Cycle</b>
 <b>Eihwaz</b>	<b>Y</b> or ie/ei	<b>Defense</b>

 Pertho	<b>P</b>	<b>Initiation</b>
 Algiz	<b>Z</b>	<b>Protection</b>
 Sowelu	<b>S</b>	<b>Sun/Wholeness</b>
<b>Tyr's Aettir</b>		
 Teiwaz	<b>T</b>	<b>Warrior</b>
 Berkana	<b>B</b>	<b>Growth</b>
 Ehwaz	<b>E</b>	<b>Horse/Movement</b>
 Mannaz	<b>M</b>	<b>Self/Man</b>
 Laguz	<b>L</b>	<b>Water</b>

 Inguz	<b>NG</b>	<b>Fertility</b>
 Daggaz	<b>D</b>	<b>Breakthrough/Day</b>
 Othila	<b>O</b>	<b>Death/Separation/ Inheritance</b>